

I recently received a letter from Major General E.G. Payne stating that I may fall into the population that was affected by the TCE and PCE exposure. I have been in law enforcement for over 20 years and physical fitness was a lifestyle for me – always in shape. Over the past 3-5 years I started developing a number of health problems and became very concerned. I went to the survey website and downloaded the symptoms of toxic exposure that align with the symptoms and sicknesses that I currently am experiencing. I thought I wrote the article. I will briefly sum up all the medications my primary care Doctor has me taking, and for what reason. I am on Librium because at times I have unmanageable trembling, synthroid for an under active thyroid and low energy level, Klor-Don (potassium) for involuntary cramping and muscle spasms, prevacid for ulcers, Zoloft for depression and mood stabilization, felodipine, HCl (water pill) and cozar for high blood pressure. I take 6 oxycodones a day for unexplained facial neuralgia on the left side of my face, get testosterone injections every 2 weeks and have developed asthma treated with an Advair disc and Albuterol. I am in counseling for anxiety and depression, my liver enzymes are high, indicating fatty liver and I had a perforated colon that burst and I was rushed to the hospital where I underwent emergency exploratory surgery. While in recovery my immune system and either red or white blood cell count could not be stabilized and I developed an infection as well as pneumonia. I was close, but I always lived the lifestyle of “it’s a game of comebacks”. I have noticeable shortness of breath and randomly I get dryness, redness and cracking of the skin. The cracks get hard, then split and bleed. They last 7-10 days. I have been a runner most of my life and was always in good shape, ate healthy and did not abuse myself. For all this to develop over the past 3-5 years just did not make sense to me. Unfortunately, I am retiring from the United States Marshals Service before I have to, but the involuntary trembling and occasional muscle spasms makes it difficult and potentially dangerous in a law enforcement position. I also have difficulty with administrative duties such as typing on my computer keyboard. I have to be very careful not to hit two keys at once, or even the wrong key because I missed, due to trembling.

On 5/27/08, I was admitted to Beth Israel/Deaconess Hospital through the Emergency Room. I was diagnosed with Acute Renal Failure and had another blockage in my colon. Fortunately from my previous experience I was able to recognize the symptoms before it was too late. The staff hydrated me intravenously and once I was stabilized and able to hydrate myself, I was discharged on 05/30/08. In addition to counseling for anxiety and depression by my Psychologist and Psychiatrist, I was advised by my Psychologist to have neuropsychological testing performed.

I live in Danvers, MA but do not recall my CLNC address. I know it was in Hadnot or Paradise Point, if that helps. I was active duty from 1978 to 1982 and an active reservist from 1982 to 1998. During my Reserve duty, I was at Camp Lejeune for a number of two week periods. My status is retired awaiting pay.

Thank you for listening and tell me who else I should share this information with. I am currently under the care of my Primary Care Doctor, an Endocrinologist, a Ph.D. Psychologist and a Psychiatrist and soon a Neuropsychologist. I have to retire from my current position, but with four children, child support, an ailing mother and being an only child, I need to work or at least have a steady source of income in addition to my retirement. I spend a large part of my time addressing these medical problems individually as there is no single fix to treat each one of these ailments. I am also 20% Service Connected.

Sincerely,

Jeff Christo